

10 Dysgraphia-Friendly Activities for Children @Home (and How They Help)

Activity

Play with Clay or Play-Doh.

Strengthens hand muscles for better writing control.

How It Helps

Build with Legos or Blocks.

Improves fine motor precision and spatial awareness.

Draw Comics or Storyboards.

Encourages sequencing, creativity, and story planning.

Dance to Music.

Boosts rhythm, motor planning, and body coordination.

Complete Jigsaw Puzzles.

Builds visual-motor integration and organizational skills.

Scissor Craft Projects.

Sharpens hand strength and fine motor control.

Code with Scratch Jr. App.

Strengthens logical sequencing and planning skills.

Create Stop- Motion Videos.

Enhances planning, patience, and fine motor dexterity.

Cook Simple Recipes.

Builds sequencing, hand-eye coordination, and attention.

Paint Posters or Murals.

Encourages gross-to-fine motor development and creative expression.

www.doodediagnosics.com

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[LinkedIn post](#) by [Dr Erika Westreich](#)

Let's talk **dysgraphia** interventions.

And no, I'm not just talking about therapies or accommodations.

I'm talking about the #HomeSweetHome intervention. Let me explain...

Family time, quiet spaces to focus, and moments of connection are essential for your child's progress. When kids with dysgraphia engage in play—whether it's dancing, building, or storytelling—they're not just having fun. They're strengthening fine **motor skills, sequencing, visual organization, and emotional confidence.** 🌀

Some of these activities can even be done together as a family, creating a supportive, pressure-free environment for your child to thrive. 🧡

That's why I've put together this **infographic** with:

- ◆ **10 activities** your child with dysgraphia might enjoy and
- ◆ **10 ways** these activities boost skill development

👉 Check it out for simple ideas you can start using today!